Team Myogenesis By Cleve Blackwell 07\14\07

## Road Trip to Steven Springs, PA. for Nationals

Making the trip to Pa. for the USA Cycling National Championships would be Jafer Bezier (contesting the U-23 category) and Cleve Blackwell (masters 35-39) for <u>www.myogenesis.com</u>.

Day 1, drive to Charlotte NC. to stay with the Soladay family, to have a amazing meal sponsored by Health Claim Solutions. While in Charlotte, we where able to do the famous Booty Loop, known for the 24 hrs of Booty.

Day 2, 7 hrs drive to Seven Springs, Pa. Drove straight to the Crit course. Did a little ride around the 3 turn flat office park crit course. After several laps of recon I decide to go explore a little around Summerset, Pa. What a cool town with amazing scenery.

Day 3, Exploring starting with off-road snowmobile trails right out the back door of the cabin we stayed at. Thanks to our great friends with the Locos race team for the digs.. With our Maxxis Courcheval tires and incredible RC7 Blue Competition Cycles bikes smoothing out the bumps, you would of thought we where on our MTB's. We bombed some trails with incredible panoramic views .I would not recommend trying this ride at home. After hitting the snowmobile trails and a couple of dirt roads, we somehow managed to get back alive.

Day 4, THE CRIT, not the best of courses for Cleve. Flat, Flat, and more Flat. The field numbered 100+ of the best Master's racers in the US. After couple of breaks getting away and then being dragged back, it would come down to a field sprint. What was left of the 100 + fighting for the Stars and Stripes jersey. This would have been a prefect course for Big Jon, who was not able to make the trip due to freak accident on a training ride the Thursday before. Jason Snow, a strong racer out of Florida, racing for the Cycle Science team, ended up with the coveted jersey. Cleve rolled in with a very respectable top 30 placing. Cleve is not a crit racer; his day would be coming in a couple in the form of the road race.

Day 5, Pre ride for the Road Race. Damn they don't make hills like this in Ga. As a side note: Why are Big Farm Barns always RED?

Day 6, The road race is upon us. 150+ toed the line for this dance. The race started fairly briskly with only a group of 50 making it over the 1st climb, and we still had to go over it 3 more times. To add insult to injury, the race would end on a climb to the top of the ski resort at Seven Springs. The Last climb into Seven Springs would be the deciding factor of the race, as 10 guys scampered away up the hill. Cleve along with Chris Harkey, of the Hincapie/Dasani/Bianchi team, would give it one last ditch effort to make it across. Just a little late, as the boys got the break in sight, they also saw the finish line. Cleve

would roll in with Chris, at just over a minute off the winner, in a very respectable 12<sup>th</sup> place.

Day 7, Jafer would be doing the U23 race, with some top teams in the country like AEG\Aerospace, SlipStream, the US National Team, VMG and many others. You can click this link to see the results. https://www.usacycling.org/news/user/story.php?id=3046

Day 8, head to Rome, to re-join the team and get ready to tear up the Georgia Cup. It's good to get back to GA.